

# Kurri Kurri Learning Community Career Education in High School

## The Key to Career Planning!



**Career education is the development of skills, knowledge and attitudes about work, gained through many varied learning experiences, which assist students to make informed decisions about their options for the future whilst still at school.**

**The part parents play in children's career planning is vital. Making career choices has never been easy and your children will look to you for support along the winding pathway.**

**Be enthusiastic and optimistic about the opportunities awaiting your children**

Provide help for them to explore their interests, identify their strengths and follow their dreams.

**Help children to build a positive self image**

By acknowledging children's achievements, their self image blossoms. Remember it is not just school achievements! Acknowledge all efforts eg looking after a pet, a sporting activity, etc. Believe in them!

**Allow and accept that there may be changes in children's career directions**

Be prepared for changes and ensure that you encourage them to explore other options.

Discovering that their career interests may change is a positive step in their decision making process and will help them to focus on careers that will suit them better.

**Children will need to develop skills in:**

- Self-Management
- Initiative and Enterprise
- Planning and Organising
- Learning
- Teamwork
- Communication
- Problem Solving
- Technology
- Cross Cultural Understanding and have a positive attitude!

**Talk to your child about your own experiences of work and study and invite them to ask questions**

It is often helpful for them to hear about the hurdles you have faced and how you dealt with them.

**Encourage children to become lifelong learners**

Today's young people are more likely to have multiple careers. In order for this to occur successfully, children need to be constantly learning for their future

**Helpful advice**

Contact your Careers Adviser  
Refer to:

[www.myfuture.edu.au](http://www.myfuture.edu.au)

[www.schooltowork.com.au](http://www.schooltowork.com.au)

**Keep the discussion going!**